

## **POST-OPERATIVE CARE FOR SIMPLE PAROTIDECTOMY**

1. Dressing to remain in place until seen by doctor for drain removal (approximately 2 to 3 days. Suture removal to be arranged with the doctor at time of drain removal.
2. Please empty and record the amount of drainage three times a day, once in the morning, at mid-day, and then at bedtime. Bring this recorded information with you when you come back to see the doctor.
3. **DO NOT** get incision or drain site wet. Keep the wound clean and dry until drain and sutures are removed.
4. **DO NOT** do any heavy lifting or strenuous activity for about 2 weeks, but do resume all normal activities.
5. Your jaw may feel sore. This is normal. Open your mouth very wide ten times per hour. This will prevent your jaw from stiffening.
6. Call our office if the following should develop at 706-236-6499
  - a. Swelling, redness, or foul smelling drainage from incision or drain site.
  - b. Temperature greater than 101.
7. **Schedule a return appointment in the office for one week. Phone 706-236-6499**