

Colonoscopy PM|AM Split Dosing

Your doctor has recommended the PM|AM Split Dosing for your colonoscopy preparation. PM|AM Split Dosing means you will take the first dosing series on the evening before your colonoscopy, and the second dosing series early in the morning of your colonoscopy. Waking up early to complete a bowel preparation is important because PM|AM Split Dosing gets better results than single day colonoscopy preps.

- A clean colon is key to a successful colonoscopy.
- About 1 in 19 Americans will get colon cancer, but it can be treated and prevented if detected early.
- A clean colon makes it easier for your doctor to identify abnormal growths that may be cancerous.
- Follow your doctor's instructions to ensure your colon is clean as possible (and avoid having your procedure cancelled or repeated)
- Follow your doctor's directions to ensure your colon is as clean as possible.
- A fair or poor prep can leave the colon dirty –making it difficult for your doctor to spot abnormal growths.