

Preparation for Upper Endoscopy (EDG)

1. 5 days before your procedure, you will need to be off all Iron supplements and NSAIDS (Non-Steroidal Anti-Inflammatory Drugs), such as: Ibuprophen, Aleve, Advil, Excedrin, Goody's, Stanback, BC powders, Motrin, Naproxen, Nuprin, Alka-Seltzer, Naprosyn, Celebrex, Bextra, Mobic, Fiorinal, Ketoprofen, Etodolac, Diclofenac, Piroxicam, Vimovo, Voltaren, or any other anti-inflammatory or arthritis medications. (Tylenol/Acetaminophen is ok to take)
2. If you take an Aspirin (81 mg or 325 mg) each day for cardiac or vascular health, you SHOULD NOT stop this medication prior to your procedure.
3. If you are on Plavix or Coumadin, Pradaxa, Lovenox, Fragmin, or other Anti-Coagulants, please contact us at least 7 days prior to your procedure. We will make specific recommendations regarding management of these medications based on your specific medical history.
4. Do not eat or drink anything (including water and ice chips) for _____ hours before your procedure. You may NOT have anything by mouth after _____ am/pm on the day of your procedure.
5. Ask your doctor about any medications you normally take in the mornings.

It is important that you follow these instructions exactly. If you have any questions please call 706-236-6428 or 706-378-8111 between 8-5. If you have any questions after normal business hours, please call our on call physician at 706-238-8010.

*You **must** have a responsible adult, 18 years of age or older, to drive you home after your procedure. Your driver must arrive with you and remain in the waiting room until you are in the recovery room. Your driver may not leave at any time. If you do not have a driver present with you, your procedure will be postponed until he/she arrives or your procedure will be rescheduled.*

NO FAMILY MEMBERS OR FRIENDS ARE PERMITTED IN THE PRE-OP OR PROCEDURE ROOMS PER HARBIN CLINIC POLICY.