

## Dizziness History

NAME \_\_\_\_\_

DATE \_\_\_\_\_

REFERRING PHYSICIAN \_\_\_\_\_

D.O.B. \_\_\_\_\_

### PLEASE ANSWER ALL QUESTIONS

When you are “dizzy” do you experience any of the following sensations? Place an “X” in either the first space for YES or the second space for NO to describe your experience accurately.

<u>YES</u>	<u>NO</u>	
_____	_____	1. Lightheadedness
_____	_____	2. Swimming sensation in the head.
_____	_____	3. Blacking out.
_____	_____	4. Loss of consciousness
_____	_____	5. Tendency to fall towards the:
		_____ Right    _____ Left    _____ Forwards    _____ Backwards
_____	_____	6. Objects appear to be spinning around you.
_____	_____	7. Sensation that you are spinning around.
_____	_____	8. Loss of balance when walking:
		_____ Veering to the right    _____ Veering to the left
_____	_____	9. Headache
_____	_____	10. Nausea and/or vomiting.

*Please check space for **YES** or **NO** and fill in the blank spaces.*

_____	_____	1. My dizziness is always present.
_____	_____	2. My dizziness (attacks) come and go.
		How often? _____
		How long do they last? _____
		When did dizziness first occur? _____
_____	_____	3. Can you tell when an attack is about to start? _____
_____	_____	4. Is the dizziness completely gone between attacks?
_____	_____	5. Does change in position make you dizzy?
_____	_____	6. When you are dizzy, can you stand up unsupported?
_____	_____	7. Do you know any possible cause for your dizziness?
		What? _____
_____	_____	8. Do you know of anything that will:
		Stop your dizziness or make it better? _____

Make your dizziness worse? \_\_\_\_\_

- \_\_\_\_\_ 9. Do you have allergies? \_\_\_\_\_  
\_\_\_\_\_ 10. Do you take any medications regularly?

**Do you have any of the following symptoms?**

*Check either **YES** or **NO** and **CIRCLE** the ear that is involved.*

- | <u><b>YES</b></u> | <u><b>NO</b></u> |   |   |
|-------------------|------------------|---|---|
| _____             | _____            | 1. Difficulty in hearing?                             | _____ Both ears? _____ Right? _____ Left? |
| _____             | _____            | 2. Noise in your ears?                                | _____ Both ears? _____ Right? _____ Left? |
|                   |                  | Describe the noise:                                   | _____                                     |
|                   |                  | Does the noise change with the dizziness? If so, how? | _____                                     |
| _____             | _____            | 3. Fullness or stuffiness in your ears?               | _____ Both ears? _____ Right? _____ Left? |
| _____             | _____            | 4. Pain in your ears?                                 | _____ Both ears? _____ Right? _____ Left? |
| _____             | _____            | 5. Discharge from your ears?                          | _____ Both ears? _____ Right? _____ Left? |

**Have you experiences any of the following symptoms?**

*Please check either **YES** or **NO** and **MARK** either **CONSTANT** or **AT TIMES**.*

- | <u><b>YES</b></u> | <u><b>NO</b></u> |                               |                |                |
|-------------------|------------------|-------------------------------|----------------|----------------|
| _____             | _____            | 1. Doubled vision             | _____ Constant | _____ At Times |
| _____             | _____            | 2. Blurred vision             | _____ Constant | _____ At Times |
| _____             | _____            | 3. Numbness of your face      | _____ Constant | _____ At Times |
| _____             | _____            | 4. Weakness in arms or legs   | _____ Constant | _____ At Times |
| _____             | _____            | 5. Difficulty with speech     | _____ Constant | _____ At Times |
| _____             | _____            | 6. Difficulty with swallowing | _____ Constant | _____ At Times |
| _____             | _____            | 7. Confusion                  | _____ Constant | _____ At Times |

**Please provide any other information that is relevant to your attacks or dizziness:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature of person filling out form \_\_\_\_\_

**PLEASE BRING THE *COMPLETED* FORM TO YOUR VNG APPOINTMENT.**