



Vitality Center  
Presents  
**Thrive Classes**

**Beginning Wednesday, Oct. 28<sup>th</sup> @ 12:00pm**

**HIGHLIGHTS:**

- Seven On-Site Educational classes
- Grocery Store Field Trip

THRIVE! Weight Loss promises to support you from beginning to end.

Thrive Weight Loss is a unique and extremely effective 7-week program designed to enable you to lose weight and most importantly...

*Keep it Off For Good!*

(In our corporate classes we add one week at the beginning and end for measurements for a total of 9 weeks)

**For more information contact:**

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